

BREAKFAST	7AM - 10AM	LKR
DIYA BATH WITH LIME PICKLE VG		450.00
KANDA OF THE DAY WITH KITHUL HAKURU VG		450.00
LANKAN BREAKFAST		1200.00
<i>Hoppers (Plain, Milk, Egg), Mint Sambal and Lunumiris (3 Nos, 1 Each)</i>		
THE GREEN BRUNCH		2450.00
<i>Brown / White French Bread with Avocado Cream, Poached Egg, Green lettuce, Two Veg or Chicken Sausages, Grilled Tomato and Choice of Button Mushrooms or Hash Browns</i>		
MEATY BREKKIE		2750.00
<i>Two Eggs of Your Choice, Chicken Bacon, Chicken or Pork Sausage, Button Mushrooms or Baked Beans or Spinach, Crispy Baby Potatoes or Hash Browns, Grilled Tomato and Toast of Your Choice (Brown or White Bread)</i>		
VEGAN BREAKFAST VG		2450.00
<i>Vegan Burger, Two Vegan Sausages, Button Mushrooms or Baked Beans or Spinach, Crispy Baby Potatoes or Hash Browns, Grilled Tomato, Hummus, Avocado and Toast of Your Choice (Brown or White Bread)</i>		
TROPICAL CHARCOAL DETOX SMOOTHIE BOWL V		2200.00
<i>Oats & Curd topped W/Tropical Fruits, and Activated Charcoal Cream with Almond Flakes & Hemp Seeds</i>		
GRANOLA BOWL WITH FRUIT & CRUNCH V		2200.00
<i>Curd Topped W/Banana, Strawberries, Mango & Nuts W/Peanut Butter or Chocolate Topping</i>		
BREAD & OMELETTE		1400.00
<i>Your choice of two eggs with brown or white bread</i>		
ENHANCE YOUR BREAD & OMELETTE Cheese + LKR 200 Baked Beans + LKR 200 Spinach + LKR 300 Chicken Bacon + LKR 300 Pork or Chicken Sausages + LKR 300 Homemade Potatoes + LKR 300 Hash Brown + LKR 300		

CREPES	7AM - 10AM	LKR
Spinach and Egg		1150.00
Strawberry and Cream (Sweet) V		1200.00
Peanut Butter and White Chocolate (Sweet) V		1250.00
Chocolate and Berry (Sweet) V		1300.00

CROISSANT	7AM - 10AM	LKR
Egg Mayo		1100.00
Scrambled Egg		1100.00
Chocolated Whipped Cream (Sweet) V		1100.00
Egg and Tomato		1100.00
Cheese and Chicken or Prawns		1300.00
Grilled Chicken & Cheese		1300.00

WOWSOME WAFFLE	7AM - 10AM	LKR
Strawberry Coconut Waffle V		1100.00
Chocolate and Whipped Cream Waffle V		1100.00
Bacon, Egg and Ham Waffle		1100.00
Banana Ship Waffle V <i>(Waffle with Banana & Ice cream)</i>		1100.00

HEALING SALADS	11AM - 11PM	LKR
Healing Salad V		1100.00
Greek Salad V		1100.00
Tuna Niçoise Salad		1400.00
Caesar Salad (Chicken Prawns Boiled Egg) Served with Garlic Bread		2400.00

WRAPS	11AM - 11PM	LKR
Cheese and Mushroom Wrap V		1200.00
Fish and Chips Wrap		1500.00
Bacon, Lettuce and Tomato Wrap		1500.00
Bacon and Chicken Wrap		1500.00
Spinach and Scrambled Egg Wrap		1500.00

RICE & KOTTU	11AM - 11PM	LKR
Vegetable Fried Rice V		1400.00
Chicken Fried Rice		1800.00
Seafood Fried Rice		2200.00
Nasi Goreng (Mixed)		2500.00
Vegetable Kottu V		1400.00
Egg Kottu		1500.00
Chicken Kottu		1800.00
Seafood Kottu		2200.00
Mutton Kottu		2900.00

BIRYANI	11AM - 11PM	LKR
Vegetable Biryani V		1500.00
Chicken Biryani		2200.00
Mutton Biryani		2800.00

FRIES, PIZZA & PASTA	11AM - 11PM	LKR
French Fries (Onion Garlic Daiyya) VG		1100.00
Tapioca Chips (Onion Garlic Daiyya) VG		1100.00
Hot and Spicy Potato Wedges V		1100.00
Chicken and Mushroom Cream Pasta		1600.00
Chicken Lasagna		1600.00
Patatas Bravas V		1600.00
Fish and Chips		1800.00
Crispy Fried Chicken Wings		1850.00
Garlic, Chicken and Spinach Pizza		2400.00
Garlic, Mushroom and Spinach Pizza V		2400.00
Double Cheese Seafood American Pizza		2900.00
Tandoori Chicken Pizza		2900.00

ENHANCE YOUR PIZZA & PASTA
 Chicken + LKR 400 | Prawn + LKR 400 | Cheese + LKR 300 | Vegetable + LKR 300

SANDWICHES & BURGERS	24HRS	LKR
Egg Mayo Sandwich		1300.00
Boiled Egg or Omelette Sandwich		1300.00
Sandwich of Your Choice (Egg / Tuna Chicken Prawns)		1400.00
Healing Cafe Club Sandwich		1500.00
Spinach and Scrambled Egg Sandwich		1500.00
Mixed Veg Sandwich with Signature Hot Sauce V		1700.00
Vegetable Burger V		1200.00
Homemade Chicken Burger		1500.00
Sri Lankan Spiced Mutton Burger		2200.00

Sandwiches & Burgers Served Crispy French Fries and Your Choice of White or Brown Bread

DESSERTS	24HRS	LKR
Butter Cake		450.00
Banana Cake		700.00
Fruit Cake		750.00
Chocolate Cake		750.00
Curd with Treacle		450.00
Watalappam		700.00
Mixed Fruit Platter		700.00
Ice Cream (Vanilla / Chocolate / Strawberry)		450.00

WE ARE Open 24/7



HEALING DRINKS		LKR	SHAKES TO YOUR SHAPE		LKR	ICED COFFEE		LKR
King Coconut with or without Lime	350.00		Banana Lassi	800.00		Iced Americano	700.00	
Coconut Water with or without Lime	350.00		Mango Lassi	900.00		Cold Brew Coffee	700.00	
Cucumber Mint	650.00		Passion Lassi	900.00		Iced Latte	750.00	
Minty Melon Crush	650.00		Avocado Lassi	900.00		Iced Cappuccino	800.00	
Liver Detox Juice (Garlic, Ginger, Cinnamon, Turmeric, Lemon and Bee Honey)	650.00		Vanilla Shake	1100.00		Iced Mocha	900.00	
Immunity Booster (Lime, Ginger and Turmeric)	650.00		kithul Avocado Shake	1100.00		Affogato	900.00	
Carrot and Orange Juice	650.00		Very Berry Shake	1100.00		Iced Macchiato	1200.00	
			Cookie Shake	1100.00				
			Rock Shake	1100.00				
			Chocolate Chip Shake	1100.00				
FRESH FRUIT JUICES		LKR	HEALTHY TEA		LKR	PROTEIN SHAKE		LKR
Watermelon	1100.00		Green Tea	400.00		Protein Shake with Water	1100.00	
Lime	1100.00		Gotukola Tea	400.00		Protein Shake with Milk	1200.00	
Papaya	1100.00		Five Herbs Tea	400.00				
Avocado	1100.00		Earl Grey	400.00				
Mango	1100.00		Ginger Tea	400.00				
Pineapple	1100.00		Ranawara Tea	400.00				
Passion Fruits	1100.00		Belimal tea	400.00				
MOCKTAILS		LKR				ALTERNATIVE CHOICES		LKR
Passion Mojito	1100.00		English Breakfast Tea	400.00		Milk - 100 ml	400.00	
Strawberry Mojito	1100.00		Ceylon Supreme	400.00		Soya Milk	650.00	
Pineapple and Orange Mojito	1100.00		Iced Tea	500.00		Almond Milk	650.00	
Classic Mojito	1100.00		(Lime and Mint / Peach / Passion Fruit / Strawberry/ Mango)			Oats Milk	650.00	
Blueberry Mojito	1100.00					Coconut Milk	650.00	
SMOOTHIES		LKR	COFFEE		LKR	BOTTLE OF WATER		LKR
Banana and Date Protein Smoothie	1100.00		Espresso	550.00		Bottle of Water - Still 625 ml	550.00	
Dark Chocolate and Oat Smoothie	1100.00		Americano	650.00		Bottle of Water - Sparkling 625 ml	650.00	
Mango and Pineapple Smoothie	1100.00		Latte	650.00				
Mango and Coconut Milk Smoothie	1100.00		Flat White	650.00				
			Cappuccino	750.00				
			Frappuccino	950.00				
			Hot Chocolate	1050.00				
			Matcha	1050.00				
			Macchiato	1050.00				
			Sri Lankan Black Coffee	550.00				
			Nescafé or Bru	550.00				

